



## Chocolate Almond Butter Pudding - Allons-y!

4 servings

5 minutes

### Ingredients

- 2 Avocado (peeled and pits removed)
- 1/4 cup Maple Syrup
- 1/2 cup Unsweetened Almond Milk
- 3 tbsps Cocoa Powder (unsweetened)
- 1/4 cup Almond Butter

### Directions

- 1 Combine all ingredients in a food processor or blender and blend until smooth and creamy. You may need to occasionally scrape down the sides.
- 2 Divide into small bowls, add your choice of toppings or enjoy as is!

### Notes

**No Almond Butter,** Use peanut butter or any type of nut butter.

**Optional Toppings,** Sliced almonds, toasted coconut, hemp seeds, crushed nuts, coconut whipped cream or fresh fruit.

**More Fibre,** Add ground flax seeds before blending.

**Sweet Tooth,** If you don't find it quite sweet enough for a celebratory dessert, you can add a few chunks of banana.